### PRODUCT LIST
**MAY 2011**

**Local Calls:** (416) 291-3226  **Fax:** (416) 291-2159  
**Long Distance Calls:** 1-800-387-5292  **Fax:** 1-800-437-4420

**ORDER DESK:** Order Desk is open Monday to Friday 8:00 am - 5:00 pm  
Phone Extension: 100  
Email: orders@grainprocess.com

**CASH AND CARRY OUTLET:** Open Monday to Friday 8:00 am - 5:30 pm. Please call for Saturday schedule.  
Phone Extension: 214

<table>
<thead>
<tr>
<th><strong>WESTERN HARD WHEAT</strong></th>
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<tbody>
<tr>
<td>3 Star Strong Bakers Flour</td>
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<tr>
<td>5 Roses All Purpose Flour</td>
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<tr>
<td>Cracked Wheat</td>
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<tr>
<td>Hard Wheat Kernels</td>
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<tr>
<td>Hickory Flour</td>
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<tr>
<td>W.W. Hi-Rise W438</td>
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<table>
<thead>
<tr>
<th><strong>ONTARIO SOFT WHEAT</strong></th>
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<tbody>
<tr>
<td>Monarch Soft Pastry Flour</td>
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<tr>
<td>Monarch Special Cake Flour</td>
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<tr>
<td>Precooked Wheat Flakes</td>
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<td>Fortified Wheat, Crushed</td>
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<thead>
<tr>
<th><strong>ORGANIC PRODUCTS</strong></th>
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<tr>
<td>Org. Adzuki Beans</td>
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<tr>
<td>Org. Agave Syrup</td>
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<tr>
<td>Org. All Purpose Flour</td>
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<tr>
<td>Org. Almonds Blanched</td>
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<tr>
<td>Org. Almonds Natural Sliced</td>
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<td>Org. Amaranth Flour</td>
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<tr>
<td>Org. Amaranth Seed</td>
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<tr>
<td>Org. Apricots</td>
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<tr>
<td>Org. Beef Bouillon Cubes</td>
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<tr>
<td>Org. Chicken Bouillon Cubes</td>
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<tr>
<td>Org. Veg. Bouillon Cubes</td>
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<tr>
<td>Org. Black Turtle Beans</td>
</tr>
<tr>
<td>Org. Brown Basmati Rice</td>
</tr>
<tr>
<td>Org. Brown Rice Elbows</td>
</tr>
<tr>
<td>Org. Brown Rice Flakes</td>
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<tr>
<td>Org. Brown Rice Flour S.G.</td>
</tr>
<tr>
<td>Org. Brown Rice Lasagna</td>
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<tr>
<td>Org. Brown Rice Spirals</td>
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<tr>
<td>Org. Buckwheat Groats</td>
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<tr>
<td>Org. Buckwheat Toasted Kasha</td>
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<thead>
<tr>
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<tbody>
<tr>
<td>Org. Bulgur Medium</td>
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<tr>
<td>Org. Carola Oil</td>
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<tr>
<td>Org. Chocolate Chips 1000 Count</td>
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<tr>
<td>Org. Chick (Garbanzo) Peas</td>
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<tr>
<td>Org. Coconut Medium Unsweetened</td>
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<tr>
<td>Org. Corn Flour Yellow</td>
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<tr>
<td>Org. Corn Meal White</td>
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<tr>
<td>Org. Couscous</td>
</tr>
<tr>
<td>Org. Cracked Wheat</td>
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<tr>
<td>Org. Cranberries</td>
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<tr>
<td>Org. Dark Red Kidney Beans</td>
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<tr>
<td>Org. Filberts</td>
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<tr>
<td>Org. Flax Meal Brown</td>
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<td>Org. Flax Meal Golden</td>
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<tr>
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<tr>
<td>Org. Flax Seed Golden</td>
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<td>Org. Green Split Peas</td>
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<tr>
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<tr>
<td>Org. Hemp Seed Hulled</td>
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<tr>
<td>Org. Honey Liquid</td>
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<tr>
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<tr>
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<tr>
<td>Org. Hulled Millet</td>
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<tr>
<td>Org. Kamut Flakes</td>
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<tr>
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<tr>
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<td>Org. Kamut Vege Rotini</td>
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<tr>
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<tr>
<td>Org. Lundberg L.G. Brown Rice</td>
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<tr>
<td>Org. Lundberg S.G. Brown Rice</td>
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<tr>
<td>Org. Long Grain Brown Rice</td>
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<tr>
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<td>Org. Molasses</td>
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<tr>
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<td>Org. Navy Beans</td>
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<tr>
<td>Org. Oat Bran</td>
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<tr>
<td>Org. Oat Flour</td>
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<tr>
<td>Org. Oat Groats Hulled Whole</td>
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<tr>
<td>Org. Peanut Butter Crunchy</td>
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<tr>
<td>Org. Peanut Butter Smooth</td>
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<tr>
<td>Org. Pinto Beans</td>
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<td>Org. Popping Corn</td>
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<td>Org. Poppy Seeds</td>
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<td>Org. Pumpkin Seeds</td>
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<td>Org. Red Bran</td>
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<tr>
<td>Org. Red Clover Seeds</td>
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<tr>
<td>Org. Red Fife Flakes</td>
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<tr>
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<tr>
<td>Org. Rolled Oats L.F.</td>
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<tr>
<td>Org. Rolled Oats Q.C.</td>
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<tr>
<th><strong>TRITICALE</strong></th>
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<tr>
<td>Org. Rye Meal</td>
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<td>Org. Whole Rye Flour, S.G.</td>
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<table>
<thead>
<tr>
<th><strong>MALTED BARLEY PRODUCTS</strong></th>
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<tbody>
<tr>
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<tr>
<td>Carastan Malt Crushed</td>
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<tr>
<td>Carastan Malt Flour Fine</td>
</tr>
<tr>
<td>Carastan Malt (Caramel)</td>
</tr>
<tr>
<td>Chocolate Malt (Brown)</td>
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<tr>
<td>Chocolate Malt (Crushed)</td>
</tr>
<tr>
<td>Crushed 2 Row Brewers Malt</td>
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<td>Crushed Black Malt</td>
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<tr>
<td>Crystal Malt Crushed</td>
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<tr>
<td>Malt Flour - Regular Diastatic</td>
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<tr>
<td>Malt Syrup - Non Diastatic</td>
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<tr>
<td>Munich Malt</td>
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<td>Munich Malt Crushed</td>
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<tr>
<td>Powdered Malt Extract</td>
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<tr>
<td>Vienna Malt Crushed</td>
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<tr>
<td>Wheat Malt</td>
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<tr>
<td>Wheat Malt Crushed</td>
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**BUCKWHEAT**
- Buckwheat Flour Dark, S.G.
- Buckwheat Flour Light, S.G.
- Buckwheat Grits
- Buckwheat Hulled Groats

**CORN**
- Corn Bran
- Corn Meal - Yellow
- Corn Meal - White
- Corn Kernels - White
- Corn Meal - Blue
- Corn Meal White Accra Kenley

**SOYA**
- Black Soya Beans
- Full Fat Soya Flour
- Lecithin Granules
- Liquid Lecithin
- Low Fat Soya Flour
- Soya Beans
- Soya Beans
- Soya Flakes
- Soya Grits
- Soya Grits Toasted
- Soya Hulls Toasted

**SPECIAL WHEAT PRODUCTS**
- 7 Grain Flour - Stone Ground
- Br. (Red or White)
- Bulgur (Corne, Fine & Medium)
- Couscous Medium
- Couscous Israeli
- Couscous Whole Wheat
- Ezekiel Flour
- Hemp Flour

**RICE**
- Arborio Rice
- Basmati Rice Brown Indian
- Basmati Rice Brown - U.S.
- Basmati Rice White Indian
- Basmati Rice White - U.S.
- Black Sweet Rice
- Brown Rice Flour, S.G.
- Contessa Rice Blend

**CEREALS**
- Brown Rice Flakes (Cereal)
- Eight Grain Cereal
- Five Grain Cereal
- Instant Oatmeal Raisin & Cinnamon
- Kellogg’s All Bran
- Kellogg’s Corn Flakes
- Kellogg’s Rice Crispies

**GRANOLAS**
- Granola 21 Deluxe
- Happy Home Muesli
- Honey Almond Granola
- Honey Sweetened Granola
- Maple Nut Granola

**MIXES**
- Apple Juice Cranberries
- Apples Diced Unbleached
- Apples Rings Bleached
- Apricots Diced
- Apricots Dried Turkish
- Banana Chips
- Blueberries
- Cherries
- Cranberries
- Currants
- Dates - Chopped Dextrose
- Dates - Chopped Oat Flour
- Dates - Honey Pitted California
- Dates - Loose Pack
- Figs - Black Mission
- Figs - Calimryna
- Ginger - Crystallized Australian
- Ginger - Crystallized Thailand
- Gogi Berries Natural

**DRIED FRUIT**
- Apple Juice Cranberries
- Apples Diced Unbleached
- Apples Rings Bleached
- Apricots Diced
- Apricots Dried Turkish
- Banana Chips
- Blueberries
- Cherries
- Cranberries
- Currants
- Dates - Chopped Dextrose
- Dates - Chopped Oat Flour
- Dates - Honey Pitted California
- Dates - Loose Pack
- Figs - Black Mission
- Figs - Calimryna
- Ginger - Crystallized Australian
- Ginger - Crystallized Thailand
- Gogi Berries Natural

**GLACE FRUIT**
- Cherries - Maraschino Green
- Cherries - Maraschino Red
- Cherries - Maras. Cocktail Red
- Citron Peel
- Fruit Mix #1 With Cherries
- Lemon, Orange, Citron Peel
- Lemon Peel
- Orange Peel
- Orange & Lemon Mixed Peel

**PIECES, BEANS, LENTILS**
- 11 Bean, Pea, Lentil Mix
- Azuki Beans
- Baby Lima Beans
- Black Eye Peas
- Black Turtle Beans
- Chick Pea Flour, S.G.
- Chick (Garbanzo) Peas
- Dark Red Kidney Beans
- Depuy French Green Lentils
- Dutch Brown Beans
- Fava Beans, Medium
- Garbanzo - Fava Bean Flour
- Great Northern Bean
- Green Lentils
- Green Split Peas
- Large Lima Beans
- Light Red Kidney Beans
- Lima Beans Jumbo Paruvian

**PEAS, BEANS, LENTILS**
- Lupini Beans - Large
- Marrowfat Peas
- Mung Beans
- Navy Beans
- Pink Beans
- Pinto Beans
- Red Lentils
- Romanos Beans
- Small Red Mexican Beans
- Sorghum Flour, S.G.
- White Kidney Beans
- Whole Beans Flour, S.G.
- Whole Bean Flour
- Whole Green Peas
- Whole Yellow Peas
- Yellow Pea Flour, S.G.
- Yellow Split Peas

**SEEDS**
- Alfalfa Seeds
- Caraway Seed
- Caraway Seed - Ground
- Chia Seed
- Flax Meal Brown - Coarse
- Flax Meal Brown - Lineseed
- Flax Meal Golden
- Flax Seed - Brown
- Flax Seed - Golden
- Mustard Seeds
- Poppy Seed
- Poppy Seed - Ground
- Psyllium Seed Husk

**SPECIAL WHEAT PRODUCTS**
- Gluten Flour
- Graham Flour, Stone Ground
- Tef Grain and Flour
- Wheat Germ - Pure
- Wheat Germ - Stabilized
- Wheatflats - Golden King
- Wheatflats - Monarch

**RICE**
- Elephant Basmati Rice
- Fragrant Rice
- Long Grain Brown Rice
- Long Grain White Rice
- Lundberg Country Wild Rice
- Lundberg L.S. Br. Rice Non Org
- Lundberg S.G. Br. Rice Non Org
- Lundberg Wehani Rice

**GLACE FRUIT**
- Cherries - Maraschino Green
- Cherries - Maraschino Red
- Cherries - Maras. Cocktail Red
- Citron Peel
- Fruit Mix #1 With Cherries
- Lemon, Orange, Citron Peel
- Lemon Peel
- Orange Peel
- Orange & Lemon Mixed Peel

**MIXES**
- Apple Juice Cranberries
- Apples Diced Unbleached
- Apples Rings Bleached
- Apricots Diced
- Apricots Dried Turkish
- Banana Chips
- Blueberries
- Cherries
- Cranberries
- Currants
- Dates - Chopped Dextrose
- Dates - Chopped Oat Flour
- Dates - Honey Pitted California
- Dates - Loose Pack
- Figs - Black Mission
- Figs - Calimryna
- Ginger - Crystallized Australian
- Ginger - Crystallized Thailand
- Gogi Berries Natural

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**PIECES, BEANS, LENTILS**
- 11 Bean, Pea, Lentil Mix
- Azuki Beans
- Baby Lima Beans
- Black Eye Peas
- Black Turtle Beans
- Chick Pea Flour, S.G.
- Chick (Garbanzo) Peas
- Dark Red Kidney Beans
- Depuy French Green Lentils
- Dutch Brown Beans
- Fava Beans, Medium
- Garbanzo - Fava Bean Flour
- Great Northern Bean
- Green Lentils
- Green Split Peas
- Large Lima Beans
- Light Red Kidney Beans
- Lima Beans Jumbo Paruvian

**PEAS, BEANS, LENTILS**
- Lupini Beans - Large
- Marrowfat Peas
- Mung Beans
- Navy Beans
- Pink Beans
- Pinto Beans
- Red Lentils
- Romanos Beans
- Small Red Mexican Beans
- Sorghum Flour, S.G.
- White Kidney Beans
- Whole Beans Flour, S.G.
- Whole Bean Flour
- Whole Green Peas
- Whole Yellow Peas
- Yellow Pea Flour, S.G.
- Yellow Split Peas

**SEEDS**
- Alfalfa Seeds
- Caraway Seed
- Caraway Seed - Ground
- Chia Seed
- Flax Meal Brown - Coarse
- Flax Meal Brown - Lineseed
- Flax Meal Golden
- Flax Seed - Brown
- Flax Seed - Golden
- Mustard Seeds
- Poppy Seed
- Poppy Seed - Ground
- Psyllium Seed Husk

**SPECIAL WHEAT PRODUCTS**
- Gluten Flour
- Graham Flour, Stone Ground
- Tef Grain and Flour
- Wheat Germ - Pure
- Wheat Germ - Stabilized
- Wheatflats - Golden King
- Wheatflats - Monarch

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### NUTS
- Almond Dry Roasted No Salt
- Almond Dry Roasted Salted
- Almond Meal - Blanched
- Almonds - Sliced Natural
- Almonds - Silvered Blanched
- Almonds - Tamari
- Almonds - Whole Blanched
- Almonds - Whole Unblanched
- Brazil - Shelled Raw
- Cashew Pieces - R/N/S
- Cashews Dry Roasted No Salt
- Cashews Dry Roasted Salted
- Cashews - Jumbo R/N/S
- Cashews - Jumbo R/S
- Cashews - Raw Pieces LWP
- Cashews - Whole R/N/S
- Cashews - Whole R/S
- Filberts - Ground
- Filberts Shelled Raw

### FRUIT & NUT MIXES
- Harvest Mix
- Temptation Mix
- Trail Mix (Nuts & Fruit)

### SPICES
- Agar - Agar Powder
- All Spice - Ground
- All Spice - Whole
- Alum Powder
- Anise Seeds - Ground
- Anise Seeds - Whole
- Ascorbic Acid
- Basil - Ground
- Basil - Ground
- Bay Leaves - Ground
- Bay Leaves - Whole
- Black Cumin Seeds
- Black Pepper - Butcher
- Black Pepper - Ground
- Black Pepper - Ground
- B.B.Q. Spice
- Cajun Seasoning
- Cardamon (Green) - Whole
- Cardamon - Ground
- Cassia Buds
- Cayenne Pepper
- Celery Salt
- Celery Seeds - Whole
- Celery - Ground
- Chili Powder Mexican
- Chilies - Crushed
- Chilies - Whole
- Chives - Dried
- Cinnamon KA Pure - Ground

### PASTAS
- Broad Egg Noodles Fine
- Broad Egg Noodles Medium
- Brown Rice Elbow
- Brown Rice Fettuccine
- Brown Rice Fusilli
- Brown Rice Lasagna
- Brown Rice Penne
- Brown Rice Spaghetti
- Brown Rice Spirals
- Chinese Fried Noodles
- Homemade Broad Egg Noodle
- Homemade Fine Egg Noodle
- Oven Ready Lasagna
- Pasta Reg. Alphabets
- Pasta Reg. Capellini
- Pasta Reg. Elbows
- Pasta Reg. Fettuccine
- Pasta Reg. Fusilli
- Pasta Reg. Lasagna
- Pasta Reg. Orzo
- Pasta Reg. Penne Rigate
- Pasta Reg. Rigatoni
- Pasta Reg. Rolini

### BAKING SUPPLIES
- Baking Gums
- Baking Powder Double Acting No Aluminum
- Baking Powder Safeguard
- Baking Powder Wheat & Corn Not-Added
- Baking Soda (Sodium Bicarbonate)
- Bread Crumbs - Plain
- Bread Crumbs - Seasoned
- Custard Powder
- Fettiguaiur Heil
- Fondant - Icing

### SWEETENERS
- Bee Pollen
- Brillant Yellow Sugar
- Burnt Sugar Bakers Colour
- Corn Syrup
- Dark Brown Sugar
- Demerara Style Sugar
- Dextrose
- Fructose
- Ginger in Syrup
- Glucose Powder & Liquid
- Golden Sugar
- Honey Amber Liquid
- Honey Powder
- Honey White Liquid
- Icing Sugar

### YEASTS
- Brewers Yeast Debittered
- Dry Active Yeast
- Flaked Nutritional Yeast
- Fresh Yeast

### MILK & CHEESE POWDERS
- Buttermilk Powder
- Coffee Whitener
- Grated Parmesan Cheese
- Mac & Cheese Powder
- Skim Milk Powder Instant
- Skim Milk Powder Non-Instant
### EXTRACTS
- Artificial Almond Extract
- Artificial Rum Extract
- Lemon Extract Pure
- Lemon Emulsion
- Pure Almond Extract
- Mango Drink Crystals
- Sugar Free Orange Drink Crystals
- Sugar Free Iced Tea Crystals
- Sugar Free Fruit Punch D.C.
- Raspberry Drink Crystals
- Peach Drink Crystals
- Peach Drink Crystals Light
- Pink Lemon Drink Crystals
- Pink Lemon Drink Crystals Light
- Raspberry Drink Crystals
- Raspberry Drink Crystals Light
- Sugar Free Fruit Punch D.C.
- Sugar Free Iced Tea Crystals
- Sugar Free Orange Drink Crystals

### OILS, VINEGAR, SHORTENING
- Apple Cider Vinegar
- Cake Pan Paste Alube
- Canola Oil
- Corn Oil
- Dijon Mustard
- General Purpose Shortening
- Happy Home Canola Oil NP
- Margarine
- Olive Oil Extra Virgin
- Safflower Oil
- Sesame Oil
- Shortening Covo Regular
- Shortening Covo SM
- Shortening Vegetable Frying Oil
- Shortening Vegetable Frying NH
- Soya Oil
- Sunflower Oil
- Tender Flake Lard
- White Vinegar Double Strength
- White Vinegar Regular

### STARCHES
- Arrowroot Flour (Starch)
- Arrowroot Flour Pure
- Arrowroot Starch
- Corn Starch
- Potato Starch
- Tapioca Flour (Starch)
- Wheat Starch

### SALTS
- Epsom Salt
- Flour Salt
- Kosher Salt
- Pickling Salt
- Pretzel Salt
- Sea Salt - Coarse
- Sea Salt - Fine
- Table Salt

### SPREADS & FILLINGS
- Almond Butter Crunchy
- Almond Butter Smooth
- Apple Butter
- Apricot Glaze
- Cashew Butter Smooth
- Date Puree
- Garlic & Parsley Margarine
- Pie Filling - Apple
- Pie Filling - Blueberry
- Pie Filling - Cherry
- Pie Filling - Date
- Pie Filling - Lemon
- Pie Filling - Raspberry
- Pie Filling - Strawberry
- Reduced Almond Paste
- Jam - Raspberry with Pectin
- Jam - Raspberry with Pectin Light
- Minced meat no Suet
- Minced meat with Suet
- Peanut Butter Nat. Crunchy
- Peanut Butter Nat. Smooth
- Peanut Butter Reg. Crunchy
- Peanut Butter Reg. Smooth
- Tahini

### DRINK CRYSTALS & POWDERS
- All Nat. Hot Chocolate Powder
- Cherry Drink Crystals
- Cranberry Drink Crystals
- Fruit Punch Drink Crystals
- Grape Drink Crystals
- Iced Tea Drink Crystals
- Lemon Drink Crystals
- Mango Drink Crystals
- Orange Drink Crystals
- Peach Drink Crystals
- Pink Lemon Drink Crystals
- Raspberry Drink Crystals
- Sugar Free Fruit Punch D.C.
- Sugar Free Iced Tea Crystals
- Sugar Free Orange Drink Crystals

### COCONUT
- Coconut Chips Unsweetened
- Coconut Chips Med. Unsweetened
- Coconut Shredded Unsweetened
- Coconut Med. Des. Unsweetened
- Coconut Shredded Med. Unsweetened
- Coconut Shredded Sweetened
- Coconut Med. Reg. Unsweetened

### COFFEE & TEA PRODUCTS
- Cat Lib Caffeine Free Tea
- Cammion Herbal Tea
- Coffee Beans Columbia
- Inka Coffee Substitute Instant (Jars/Tins)
- Inka Coffee Substitute (Bulk)
- Linden Herbal Tea
- Mixed Fruit Herbal Tea
- Peppermint Tea
- Rose Hip Tea

### JUICES & BEVERAGES
- Black River Cherry Juice
- Black River Cranberry Juice
- Black River Pear Juice
- Black River Pomegranate Juice
- Pineapple Juice

### SOUP MIXES & BASES
- Beef Gravy Base
- Beef Soup Base
- Beef Soup Base - No Added Salt
- Bouillon Beef Cubes
- Bouillon Chicken Cubes
- Bouillon Vegetable Cubes
- Chicken Noodle Soup
- Chicken Soup Base
- Chicken Soup Base - No Added Salt
- Clam Chowder Soup Base
- French Onion Soup Base
- French Onion Soup Base-No Added Salt
- Ham Bone Soup Mix
- Mushroom Soup Base
- Mushroom Soup Base-No Added Salt
- Chicken Soup Base
- Chicken Soup Base - No Added Salt
- Vegetarian Soup Base-No Added Salt
- Vegetable Soup Base

### CONFECTIONARY
- Chocolate Almonds
- Chocolate Peanuts
- Chocolate Raisins
- English Wine Gums
- Giant Ascol Gums Balls Small
- Jelly Beans
- Jube Jubes
- Juice Fruit Bears
- Juice Fruit Berries
- Juice Fruit Blueberries
- Juice Fruit Slices
- Juice Fruit Sour Berries
- Licorice All Sorts
- Mixed Nut Squares (No Sugar)
- Nougat Nut Bar - Almond
- Nougat Nut Bar - Pistachio
- Peanut Squares (No Sugar)
- Scotch Mints
- Sesame Snap Bars
- Sesame Squares (No Sugar)
- Smarties
- Sorbey Candy Butterscotch
- Sorbey Candy Licorice
- Sorbey Candy Mint
- Sorbey Cherry Candy
- Sorbey Sour Lemon Candy
- Sorbey Wild Fruit Candy
- Sorbey Wild Fruit Lozips
- Vanilla Caramels
- Yogurt Almonds
- Yogurt Peanuts
- Yogurt Raisins

### SNACKS
- Bacon Bits - Simulated
- Bits & Bites
- Corn Nuts Toasted No Salt
- Corn Nuts Toasted Salted
- Corn Puffs
- Croutons - Caesar Salted
- Croutons - Onion & Garlic

### SPECIAL DIET PRODUCTS
- PanelRiso Rice Bread Mix
- PanelRiso Egg Replacer
- Quick Thickener Grain Pro
- PaneRiso Unimix Baking Mix

### MISCELLANEOUS
- Crushed Pineapple
- Mandarin Segments in Lt. Syrup
- Tomatoes Whole
- Water Chestnuts

### STORAGE CONTAINERS
- Plastic Storage Pail, Lid 17L/20L
- Tubs - Clear 8oz/16oz/24oz/32oz

### BOOKS
- 125 Gluten Free Recipes
- Complete Beans Cookbook
- Grain Process Handbook
- Light & Easy Cookbook
- Multicultural Cookbook
- The Best Gluten Free Cookbook
- Sugarless Baking With Spelt

### PEST CONTROL
- Moth Trap